LandscapesPerspectives **through being in the world**

**Aim: To explore relationships to the natural environment**

*Time Needed: Around 90 minutes. But you can reflect on this for weeks.*

**Resources you will need:**

* + Time
	+ Clothing & footwear suitable for exploring the outdoors in
	+ A notepad or paper & a pen
	+ A small bag to put some treasures in
	+ A piece of white paper, camera or mobile phone (do not take this with you)
	+ Consider preparation and consent detailed in other worksheets on this site

**Session plan**:

Take a moment.

Leave any digital devices at home, take a notepad and pen with you and go and explore a place nearby. Immerse yourself in it. **How does it make you feel?**

Take a look around you. What creatures live here? Animals, birds, insects... even if you can’t see or hear anything this will be a home (habitat) or to several species.

**Choose one species and try to imagine being them**. Are they flying above you, scuttling away from you, hidden in the bushes? What do you think they might think when they see you? What do you think they might like to say to us?

Imagine you are that species for a moment and **write a short postcard to humanity - what would you like to say?**

Before you leave the space have another good look around. **Find something small that you are attracted to** - it could be a beautiful leaf, a stick or stone. If some things are in abundance you could take more than one. **Put your natural treasures in your small bag to take home.**

Upon your return find a piece of white paper and **layout your objects – play around with them to make patterns.** Take photographs of them and put them into a repeat. Consider and reflect on your work - you may have just made design for the natural world. If it was in your home what would it be, might it be a wallpaper, carpet, tablecloth, lampshade etc.?

Then, **ask yourself how connected do you feel to the natural environment?**

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